Christ the Saviour Cathedral

"CATHEDRAL JOTTINGS"



Corner of Garfield Street and Butler Avenue
Johnstown, Pa. 15906
Rectory Office – 249 Butler Avenue; Johnstown, Pa. 15906
Cathedral Church of His Eminence, Metropolitan Gregory of Nyssa
of the
American Carpatho-Russian Orthodox Diocese
of the
Ecumenical Patriarch of Constantinople

Cathedral Clergy

Pastor – Very Reverend Protopresbyter Robert A. Buczak, Cathedral Dean
Very Reverend Protopresbyter Frank P. Miloro, Chancellor
Very Rev. John S. Brancho

Rectory Phone……814-539-8086
Mobile Phone……412-759-4481
Cathedral Office……814-254-4011
E-mail Address (for Father Robert Buczak)……frbuczak@outlook.com
Diocesan Website: http://www.acrod.org ***Facebook***: https://www.facebook.com/acroddiocese
Cathedral: http://www.acrod.org/organizations/cathedral ***Twitter***: https://twitter.com/acrodnews
Camp Nazareth: http://www.campnazareth.org ***You Tube***: https://youtube.com/acroddiocese

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Vol. 78 No. 1759

Sunday, January 24, 2021

Sunday after Theophany

Saint Theodosius the Great

Divine Liturgy – 9:00 am **Sunday School – 10:20 am**

Panachida for +***Very Reverend John A. Baranik*** (40th Day) offered by Pani Betty Jean & Family
+***Protopresbyter Nomikos Vaporis*** offered by Subdeacon Michael Vaporis;
+***Geraldine Yarina*** (Birthday Remembrance) offered by her husband John Yarina;
+***Anastasia Pirich*** offered by Julie Messner
+***Michael, Mary, Michael, Anna, John, Susanna, Anna & Martha Prokop***
+***Bethany (Haschak) Schilling*** offered by her family; +***Dolores Muchesko*** offered by Mary Ann Muchesko; +***Michael and Anna Zahoran*** offered by Joanne Berkey; +***Peter Knaze*** offered by grandson Steve; and +***Anna Marie Dudak*** offered by Mr. and Mrs. Charles White

Resurrection Tone 8 - Tropar & Kondak: pages 81, 145, 148-150

Epistle: Ephesians: 4:7-14 Gospel: Matthew 4:7-13

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Services for the week of January 24th

Thur. 1/28 … +Jan and Mary Koval; and
+John and Anna Kovalik offered by the Kovalik Family (Perpetual)…....8:00 am

Sat. 1/30 … Great Vespers…….6:00 pm

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Sunday, January 31st, 2021

The Thirty-fourth Sunday after Pentecost

Saint Athanasius the Great & Saint Cyril of Alexandria

Divine Liturgy – 9:00 am **Sunday School - 10:20 am**

Panachida for + ***Frank Joseph Miloro*** offered by the family (Perpetual);
+***Departed Members of the Novak and Volkar families*** offered by Alfred Novak and Family;
and +***Michael and Anna Bolha*** offered by Rose Helboky

Resurrection Tone 1

Epistle: Colossians 3:12-16 Tropar & Kondak: pages 81 -83 Gospel Luke 18:18-27

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Services for the week of January 31st

Wed. 2/03 … +Helen Raylain (Perpetual)…..……..……..….8:00 am

Moleben to Saint Nectarios with anointing…….....7:00 pm

Sat. 2/06 … Great Vespers…..…….……6:00 pm

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Sunday, February 7th, 2021

The Thirty-fifth Sunday after Pentecost

Saint Gregory the Theologian of Constantinople

Divine Liturgy – 9:00 am **Sunday School - 10:20 am**

Panachida for ***+Very Reverend John A. Baranik*** offered by George and Evelyn Evanisko; ***+George Smisko*** offered by Fr. Robert and Pani Kathy Buczak; ***+ Nicholas Slachta*** offered by his wife, Vivian and family; ***+Anna Brudnak (39th Anniversary)*** by the Brudnak family; ***+Lorraine Heffelfinger*** offered by Pani Kathy; ***+George Czimbak*** offered by John Patchen; and ***+Wasko Homyak*** offered by Dorothy Homyak (Perpetual)

Resurrection Tone 2

Epistle: 2 Corinthians 6:1-10 Tropar & Kondak: pages 84 -86 Gospel Matthew 25:14-30

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BIRTHDAY PRAYERS – are offered for ***Nicholas Benc (1/24), Stephanie Kennedy (1/25), Father Frank Miloro (1/26), Scott Hanak (1/28), Lisa Russic (1/30), Nicole Snyder (1/30), Evelyn Evanisko (1/31), Anna Podolak (2/1), Kisten Cook (2/2), John Kobal (2/4), Ann Melanie Yurcisin (2/5), and Michael Pribish (2/7).*** You were remembered in Prokomedia!

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OFFICIAL NOTICE

The Christ the Saviour Educational Center of the People of American Carpatho-Russian Diocese will hold a special annual meeting ***Sunday, January 31st, 2021*** in the Educational Center at 11:00 am. All Cathedral parishioners are encouraged to attend. This is the second official announcement of this meeting.

Proposals for the Annual meeting are being accepted in the Cathedral office in written form until ***Sunday January 24, 2021.***

The Annual Meeting of the ***Christ the Saviour Cathedral Parish*** will be held ***Sunday, February 7th, 2021*** immediately following the Divine Liturgy in the Cathedral Auditorium. All parishioners are encouraged to attend. This is the second official announcement of the meeting.

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DEEPEST SYMPATHIES – are extended to the family of the ***Anthony Rusinak Jr.*** who fell asleep in the Lord Saturday, January 2, 2021 and buried from the Cathedral Saturday, January 9, 2021; and to the family of ***Pani Michalene Tomko*** who fell asleep in the Lord Monday, January 4, 2021 and was buried Monday, January 11, 2021.

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CONGRATULATIONS

Congratulations to our newest member of the Cathedral Parish,
Bryan Basil Seitz, who was Christmated into the Orthodox Faith January 17, 2021.
God grant you and your family many years.

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THE ETERNAL LAMP – is offered the week of January 24th in memory of ***Anna Marie Dudak by Dave and Melanie Dudak***

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THE ETERNAL LAMP AND THE ALTAR CANDLES - are offered in the week of January 31st in memory of ***Fred Savering by son, Michael and daughter-in-law, Mary Ann Savering.***

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Thank you to Roger Pavlik for donating the spring water for the Theophany Eve Blessing of Holy Water

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POINSETTIA FLOWER OFFERINGS

Michael Teplica

Nicholas and Anita Teplica

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ETERNAL MEMORY FUND - Thank you for your kind donations!

In Memory of Very Reverend John A. Baranik:

Richard and Harriet Mirilovich - $50.00
Carol Devine and Tommy Lee Knipple - $50.00
Margaret Gardenhour - $20.00
Mr. and Mrs. Michael Haschak - $50.00
Mary Ann Muchesko - $25.00
Julia Messner - $25.00
Michael and Carol Mehalacki - $15.00
David and Roberta Kovalik - $25.00

In Memory of William (Bill) Ryan:

Nicholas and Anita Teplica - $50.00
John and Mary Ann Lewark - $50.00
Donna Zizan - $20.00
Gaynell Shrift - $15.00
Dave and Melanie Dudak and Anne Pysh - $50.00
Vanessa Wright - $50.00
John Yarina - $50.00
Donna Yarina - $50.00
Michael and Carol Mehalacki - $15.00
Nicholas and Wendy Slachta - $50.00
Jim Farley - $10.00
Fran Shuster - $25.00

In Memory of Margaret Gregory:

Vivian Slachta - $10.00

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HOMILY FROM THE PROLOGUE OF OCHRID

Thus spake the Lord Jesus Christ to the human race: 'I am the Bread of Life!' (John 6:48), and these words are proved true through the ages to innumerable followers of Christ who received the Lord as the food of their souls. One young man in despair, who was near to committing suicide, went to confession. The priest listened to him carefully, then said to him: 'My son, you yourself are at fault in your distress. Your soul is famished to death. All your life you have done things that only feed your body, but you have never given thought to the soul's need for food. It needs more and more frequently, than the body does. Your soul is nearly dying of hunger. Eat and drink Christ, my son. Only thus can your soul be turned back from death. Eat and Drink Christ every day, incessantly. He is the life-giving bread of our souls.' The young man obeyed the elder and was restored to health.

My brethren, let us feed our souls with Christ, that they may be alive and healthy. Let us constantly feed our minds with thoughts of Christ, that they may be enlightened and clear. There is no more nourishing bread than He; there is no sweeter drink than He. In Holy Communion, He gives Himself wholly to us, His Body and Blood. But to receive Communion is a reminder to us that our souls must feed on Him without pause. We must eat and drink Him as incessantly as we breathe.

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FOR CONSIDERATION

A rare fearlessness is a character of fools for Christ. Blessed Nicolas ran through the streets of Pskov, pretending madness, rebuking people for their secret sins and foretelling what would happen to them. When Tsar Ivan the Terrible entered Pskov, the whole town was in fear and dread of the terrible Tsar. Bread and salt were set before each house for a welcome to the Tsar, but the people were not in evidence. When the governor of the city brought the Tsar in front of the church to the tray of bread and salt, the Tsar pushed away the tray and the bread and salt fell to the ground. Then Blessed Nicolas appeared before the Tsar in a long shirt girded with a cord, riding on a hobby-stick like a child shouting: 'Little Ivan, little Ivan! Eat the bread and salt, and not men's blood!' The soldiers hurried to seize him, but he ran and hid himself! The Tsar,

learning about this blessed man, who he was, visited him in his tiny room. It was the first week of the Great Fast. Hearing that the Tsar was coming to visit him, Nicolas found a piece of raw meat and, when the Tsar entered his cell, Nicolas bowed and offered the meat to the Tsar. 'Eat, little Ivan, eat! The terrible Ivan answered him furiously: 'I am a Christian, and do not eat meat in the Fast!' Then the man of God retorted: 'You do that and worse; you feed on men's flesh and blood, forgetting not only the Fast but God as well.' This lecture entered deeply into the heart of Tsar Ivan, and he immediately left Pskov in shame, having intended to wreak great slaughter there.

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QUOTES FROM THE HOLY FATHERS

The more a person loves God, the more he loves other people. He loves them with holiness, respect and refinement, as images of God. When a person lacks inner warmth, he will be frozen and cold, even in the summer. Please put this commandment into practice. Cultivate love towards the Person of Christ to such an extent that, when you pronounce His name, tears fall from your eyes. Your heart must really burn. Then He will become your teacher. He will be your Guide, your Brother, your Father, and your Elder. - ***Elder Amphilochios Makris of Patmos***

Despondency (or laziness), forgetfulness, and ignorance are three giants that bind the whole race of mankind in unbreakable bonds- causing indifference towards the hosts of evil passions. For this reason, we must pray to the Heavenly Queen: 'O my Most Holy Lady Theotokos, through thy holy and all-powerful prayers, take from me, thy humble and sinful servant: despondency, forgetfulness, thoughtlessness, carelessness, and all defiled, evil, and blasphemous thoughts.'

St. Ambrose of Optina

The vice of gluttony can lead to that of un-chastity; and this in turn can lead to the vice of dejection. For as soon as one who has been overcome by the vice of un-chastity regains the state of watchfulness, he is filled with despondency and dejection. When pursuing the spiritual way, therefore, we should not be influenced by the pleasures of eating or the allurements of sensuality, but should consider where they both end up. And when we find that they lead to dejection, we have 'tied tail to tail' and, by showing things up for what they are, we have set the crops of the Philistines on fire with a burning torch. - ***St. Nelios the Ascetic***

If the man, whom you strive to heal, notices that you yourself are evil, angry, and do not love him, then he will inwardly despise and hate you, and you will not produce any effect upon him by anything, for evil is not amended by evil, but by good. Overcome evil with good; first root out in yourself that which you wish to root out in others. - ***St. John of Kronstadt***

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PRAYER CHAIN

Thomas Buczak	Beverly Tinkle	Dave Podolak	Michaela Miller	Victoria Bennett
Cindy LaBarr	Ronald Kmet	Judith Rowlands	Arianna Jade Miller	Christina Sakmar
Annie Mishurda	Michael Derby	Angeline Komara	Taylor Miller	Matushka Helen
Steve Martyak	Sue Miller	Arianna Risso	Jennifer Gardenhour	Jasiukowicz
Joan Wine	Maureen & Jay Dabbs	Charlie Erisman	Margaret Blehi	Joanne Democko
Jessica McLaughlin	Bill & Joyce Kerr	Rachael Costlow	Bill Pringle	Robert Stokes
Michael Sakmar	Judith Pringle	Marshall Rosenow	Valentina Yaremenko	Barbara Stokes
Joseph Muchesko	Robert Pringle	Shirley Mazurak	Olga Yaremetko	Marcia Matthews
Roberta Kovalik	Barbara Virostek	Donna Babble	Steve Prieber	Jolene McClain
Theresa Milkovich	Robert Janeway	Richard Barnes	Aberdeen Rudge	Dorothy Kapolka
Kira Pronin	Helen Duray	Michael Logan	Mark Kuruzovich	Georgene Coulter
Alexxa Lowery	Andy Walls	Lloyd Broadwater	Pat Hanuska	Tommy Lee Knipple
Romayne Laichak	Jack Dahl	Nick Timko	Dwight Nugle	Tanya Britan
Debbie Dawson	Janet Hanak	Erin Demich	Rose and Terry Fyock	Frank Porembka
Zachary Rogina	Eva Zeleniak-Whitak	Mary Ann Muchesko	Rosalia Horner	Helen Porembka
Robert J. Gritzer	Malcolm Barnes	Joella Hamlin	Beverly Mayo	Daniel Porembka
Ron Kuzmyak	Ann Koehnlein	Donna Martyak	Al Kuzmyak	Dr. Rose Ann Jordan
Paul Kalcik	Larry Eisenhauer	Veronica Ronchak	Michael Paul Gost	Elmer C. Laslo
Henry Laichak	Evelyn Houston	Mary Jane Matolyak	Brooklyn Balamuto	

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Rectory Office Hours – Father is available any time by appointment.
Emergency Sick Calls can be made at any time. Please phone the rectory when a family member is admitted to the hospital.
Marriages are solemnized on Saturdays or Sundays. Consult the pastor at least six months in advance and before plans have been made for the wedding reception. Marriages cannot be celebrated during the fasting seasons of the church, or on Fridays.
Baptisms are normally scheduled on Saturdays or Sundays. Consult the pastor. Two God-parents are required, at least one of whom must be Orthodox by faith and the other a practicing Christian.
Church Funerals are provided for practicing Orthodox Christians who are current in their spiritual and financial obligations to the parish; otherwise burial is from the funeral home.
The Church does not permit cremation.

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